



continuing the RYDA conversation at home

a roadmap for parents & caregivers



After doing the RYDA workshop, what do you think your biggest challenge as a driver (or passenger) is?



What did you find out about the restrictions on your licence and why they're there?



Did you talk about mobile phones? What did you learn? What other distractions do you think you're vulnerable to?



What did the personality quiz highlight for you as areas for growth?



I see you spoke to someone who had survived a serious crash, can you tell me about that?



Did you pick up any tips on how you can plan your trip so you don't get stressed?



What did you find out about how increases in speed changes things on the road?

Are you always a good passenger?
What did you learn about what passengers can do to help the driver?

What strategies did you come up with to help you feel safe on the roads? How can I help?





