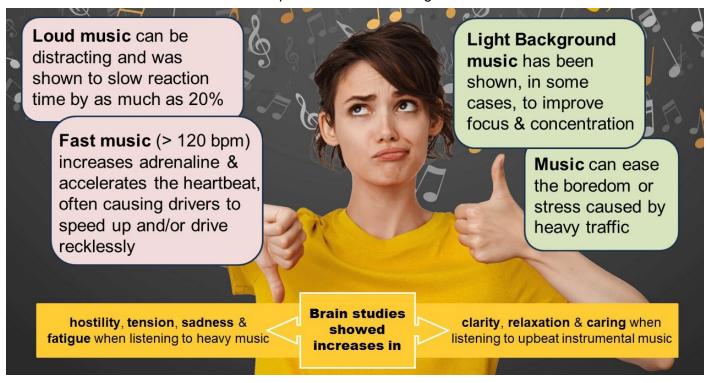


National Road Safety Week Playlist Challenge



Have you ever put together the perfect playlist for a road trip? What criteria did you use to pick the music – best songs for a singalong, songs to keep you pumped, something you can car-dance to? What if we were to tell you, your playlist could be putting you at risk on our roads?

Here's a bit research undertaken on the topic of music and driving:



Are you ready to put your playlist to the test?

How does your current playlist stack up? Write down the names of your 5 favourite driving songs, circle the emoji that best describes the way that song makes you feel and run it through www.songbpm.com to see how many beats per minute are in each song. Finally, give it a tick or a cross once you've decided if that song would have a positive or negative impact on your driving.

Song Title	How does it make you feel?	✓/ X
	exched pumped chilled sad happy spgilated wired	
	exched pumped chilled sad happy aggitated wired	
	exched pumped chilled sad happy aggitated wired	
	excluded pumped chilled sad happy aggitated wired	
	exchrid pumped chilled sad happy spgilated wired	

Thanks to our partners, we're able to have this and many more important conversations about road safety with around 50,000 16-17 year old RYDA students every year.











